



EDUCATION SESSION INVITATION

An accessible self-recorded CPD activity

GP North is continuing to fund pharmacotherapeutics education sessions in 2024 for GPs, GP Registrars and medical students working in northern Tasmania. The next topic to be prepared and presented by General Practice Consultant Pharmacist and Educator Danielle Truscott will be:

Heart Failure Medicines – a refresher for GPs

Heart failure (HF) is a common chronic medical condition managed by GPs usually in collaboration with a cardiologist with GPs often having primary responsibility for ongoing care. All types of HF have poor health-related quality of life, high hospitalisation rates and high mortality rates. The recommended medication management for all types of HF has recently changed. HF patients often have other comorbidities and are usually prescribed multiple medicines giving rise to potential medication related problems and a need for regular review and monitoring.

After participating in this educational presentation GPs should be better prepared to:

- Discuss the medication management plan for heart failure depending on the left ventricular ejection fraction
- Prescribe effectively and safely the medications recommended in guidelines to reduce hospitalisation and improve survival for patients with heart failure
- Identify and deprescribe medicines that can worsen heart failure
- Support patients with education about their medical condition and self-management.

On request participants will be emailed confirmation of attendance for the purpose of self-recording this small group learning CPD activity.

Each 1-hour education session is held during working hours on weekdays at General Practice rooms. It is preferable to have at least three GPs attending each session. If this is an issue for your practice please contact GP North to negotiate a suitable alternative arrangement including remote access via Zoom.

To book an education session please email Mrs Kelly Gregory GP North Administration Manager officegpnorth@gmail.com

Dr Anne Wilson
Chair General Practice North