



EDUCATION SESSION INVITATION

Demystifying Deprescribing

It does not need to be difficult

The next pharmacotherapeutics topic to be delivered in 2023 as a local education activity for GPs as practice visits and proudly supported by General Practice North is 'Deprescribing'.

After participating in this educational activity GPs should be better prepared to:

- Discuss deprescribing - the need and consequences
- Consider deprescribing and coordinate the concept in practice
- Identify scenarios when deprescribing is most appropriate
- Recognise potentially inappropriate medications more often
- Identify a patient for further medication review.

There is plenty of guidance available to assist starting medications and to use them effectively and safely. The importance of deprescribing can at times be overlooked. Two decades ago the first paper on deprescribing was published. Since then numerous frameworks and algorithms listing steps to deprescribing have surfaced along with deprescribing tools to determine the *what, when and how to* deprescribe. But reading them all can be onerous and time consuming.

Join our General Practice Consultant Pharmacist and Educator Danielle Truscott as she presents a statistics free and simple summary of deprescribing and have an opportunity to discuss and learn some handy hints to enhance your prescribing and deprescribing practice.

Each small group education session will take 1 hour. Sessions will be held at GP practices on weekdays, during the day. If you are unable to gather a group of GPs, please contact GP North and alternative arrangements might be able to be negotiated to enable participation.

If you are interested in booking an education session please email GP North Administration Manager, Mrs Kelly Gregory at officegpnorth@gmail.com

Dr Anne Wilson

Chair General Practice North